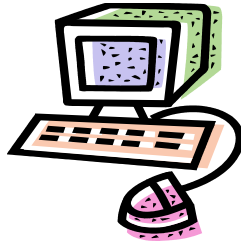


New Hope Solebury School District
School Health Services

“Healthy” Web Resources for Families



American Academy of Pediatrics: www.aap.org
Visit “Parenting Corner” and “Health Topics”

Centers for Disease Control & Prevention: www.CDC.gov
Extremely wide variety of topics under “Health & Safety Topics.” Also advised to check “Tools & Resources.”

Children’s Hospital of Philadelphia: www.chop.edu/consumer/index
Look under “health & Medical Information” –“Caring for Common Childhood Conditions, Common Emergencies, Parenting, Safety, Vaccine Education.”

Healthier US Government Initiative: <http://www.healthierus.gov/>
Wonderful resources for families under “Physical Activity, Nutrition, Preventive Screening Healthy Children”, and includes a nice program for young children “Small Step-Kids”

Kids Health Educational Partners: www.kidshealth.org
Wonderful website or health education for Parents, Kids, and Teens (interactive programs)

National Institutes of Health: www.health.nih.gov
Click on “Health Information” for a multitude of information for all ages: Child & Teen, Men’s, Minority, Senior’s Health. Includes BMI table & calculation formula, and “We Can!” brochure for Family nutrition.

Pennsylvania Department of Health: www.dsf.health.state.pa.us
Click on “You and Your Family’s Health”

Alliance for a Healthier Generation: www.HealthierGeneration.org/Schools
Abundant resources, including “Go Healthy Challenge” interactive program for students

Energy Drinks and Food Bars: Power or Hype: www.nhsd.org/HealthServices/docs/Energy.pdf