

New Hope-Solebury Lower Elementary School Jump Rope Club

We are pleased to offer an after school jump rope program for second grade students. During Jump Rope Club, students are taught basic jump rope skills. These basic skills include, the proper grip of the rope, how to bring the rope over their head and jumping over the rope. Children will work at their own pace and will be challenged when the need is necessary. Students will explore various types of jumps such as backwards jumping, speed jumping and cross rope jumping. This program is a 3-week offering.

Gina Ortiz
Health and Physical Education Teacher