

New Hope-Solebury UES Jump Rope Club

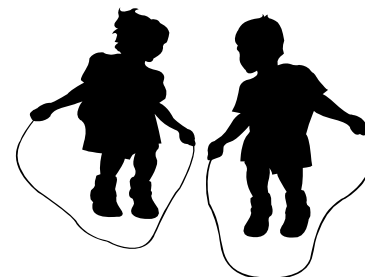
Back by popular demand... It's the Jump Rope Club at New Hope-Solebury Upper Elementary School. All 3rd, 4th, and 5th graders are welcome to join! NO AUDITIONS NEEDED!!! The Jump Rope Club is run by Mr. DiTulio and will meet in the gym before school on Friday mornings at 8:00 a.m. **The Club will officially begin on Friday, January 18th.**

What will my child do during the Jump Rope Club?

- Individual/Partner Jumps
- Long Rope Skills (Front/Back Door Entrance)
- Egg Beater (Students run through a long rope in different patterns)
- Double Dutch Jumping
- Working on a group routine

What are the benefits of Jumping Rope?

- Helps students develop rope-jumping skills
- Helps improve coordination and balance
- Promotes the value of physical activity
- Allows everyone to have fun



If you have any questions, please email Mr. DiTulio at jditulio@nhsd.org

If interested, please return this form to Mr. DiTulio by Wednesday, January 16th.

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My child, _____, has permission to participate in the Jump Rope Club at New Hope-Solebury Upper Elementary School. I am aware that they need to be at the UES and ready to jump at 8:00 a.m. on Friday mornings.

*Students who have asthma are required to bring their inhaler with them.

Child's Homeroom Teacher: _____

Parent(s)/Guardian Signature: _____

Parent(s)/Guardian Email Address: _____