

# New Hope - Solebury MS/HS Lunch Menu

## November, 2018



Federal Guidelines for School Lunches: 5 meal components Offered:  
Meat/Meat Alternate, Bread, Grain, Vegetable, Fruit & Milk

1% White, FF Chocolate &  
FF Strawberry Milk offered daily.

Students must choose 3 of 5 - one must be a fruit or vegetable for the meal to be considered a school lunch.

<p><b>**Now Serving Grab &amp; Go Breakfast!</b></p> <p>Please remember if your child receives free or reduced lunch they also receive free or reduced breakfast!</p>	<p><b>Additional Fruit &amp; Veg. Choices</b> Include: 100% Assorted Fruit Juice: Orange, Apple or Fruit Punch Baby Carrots w/wo Dip/Side Salads Fresh Fruit Basket with Apples, Oranges and Pears</p> <p><b>Additional Daily Meal Choices:</b> Peanut Butter &amp; Jelly Uncrustable Kit Protein Kit or Hummus Kit</p>		<p><b>November 01</b></p> <p>Hard Shell Beef Tacos CRISPY Chick-N-Filet Burger w/wo Cheese Egg Salad Sandwich - Chicken Caesar Salad Crispy Tater Tots-Brown Rice-Side Salad Taco Fiesta Black Beans-Mixed Fruit Cocktail Assorted Milk</p>	<p><b>November 02</b></p> <p>Cheesy Pizza w/wo Pepperoni Buffalo Chicken Tenders w/wo Mac N Cheese Burger w/wo Cheese Italian Hoagie - Greek Salad Seasoned Fries-Side Salad Steamed Green Beans-Chilled Applesauce Assorted Milk</p>
<p><b>November 05</b></p> <p>Chicken Tenders w/wo Waffle Philly Cheesesteak Burger w/wo Cheese-w/wo Bacon Ham &amp; Cheese Hoagie - Oriental Chicken Salad Oven Baked Fries-Side Salad Honey Baked Beans-Chilled Applesauce Assorted Milk</p>	<p><b>November 06</b></p> <p>Mozzarella Sticks w/wo Marinara Big Daddy's 4 Meat Pizza Burger w/wo Cheese Tuna Fish on Croissant - Chicken Caesar Salad Potato Smiles-Side Salad Steamy Yellow Corn-Diced Pears Assorted Milk</p>	<p><b>November 07</b></p> <p>Waffles w/wo Sausage Egg &amp; Cheese Bagel, w/wo sausage Burger w/wo Cheese Turkey &amp; Cheese Hoagie - Oriental Chicken Salad Crispy Tater Tots-Side Salad Cucumber Coins-Mixed Fruit Cocktail Assorted Milk</p>	<p><b>November 08</b></p> <p>Ravioli in Sauce w/wo Garlic Bread Homestyle Chicken Patty Sandwich Burger w/wo Cheese Egg Salad Sandwich - Chicken Caesar Salad Oven Baked Fries-Side Salad Steamy Green Beans-Pineapple Tidbits Assorted Milk</p>	<p><b>November 09</b></p> <p><b>No Meals Served</b></p>
<p><b>November 12</b></p> <p>Popcorn Chicken w/wo Corn Muffin Sicilian Pizza Burger w/wo Cheese Ham &amp; Cheese Hoagie - Oriental Chicken Salad Oven Baked Fries-Side Salad Honey Baked Beans-American Hero Water Ice Assorted Milk</p>	<p><b>November 13</b></p> <p>Wing Bar w/wo Biscuit Big Daddy's Pizza Burger w/wo Cheese Tuna Fish on Croissant - Chicken Caesar Salad Waffle Cut Fries-Side Salad Celery Sticks-Sliced Peaches Assorted Milk</p>	<p><b>November 14</b></p> <p>Nachos with Beef &amp; Cheese Mickey's White Vegetable Pizza Burger w/wo Cheese Turkey &amp; Cheese Hoagie - Oriental Chicken Salad OB Fries-Golden Corn-Rice-Side Salad Diced Pears-Assorted Milk Assorted Milk</p>	<p><b>November 15</b></p> <p>Oven Baked Turkey Stuffing Mashed Potatoes w/wo Gravy Cranberry Sauce Green Beans Apple Pie Water Ice Assorted Milk</p>	<p><b>November 16</b></p> <p>State Fair Corn Dog French Bread Pizza Burger w/wo Cheese Italian Hoagie - Greek Salad Crispy Tater Tots-Side Salad Sweet Peas - Mandarin Oranges Assorted Milk</p>
<p><b>November 19</b></p> <p><b>No Meals Served</b></p>	<p><b>November 20</b></p> <p><b>No Meals Served</b></p>	<p><b>November 21</b></p> <p><b>No School</b></p>	<p><b>November 22</b></p> <p><b>No School</b></p>	<p><b>November 23</b></p> <p><b>No School</b></p>
<p><b>November 26</b></p> <p>Chicken Tenders w/wo Dinner Roll Calzone (Pepperoni) Burger w/wo Cheese-w/wo Bacon Ham &amp; Cheese Hoagie-Oriental Chicken Salad Oven Baked Fries-Side Salad Honey Baked Beans-Chilled Applesauce Assorted Milk</p>	<p><b>November 27</b></p> <p>Cheese Quesadilla Big Daddy's Pizza Burger w/wo Cheese Tuna Fish on Croissant - Chicken Caesar Salad Waffle Cut Fries - Side Salad Golden Corn-Mixed Fruit Cocktail Assorted Milk</p>	<p><b>November 28</b></p> <p>French Toast Sticks w/wo Sausage Bacon, Egg &amp; Cheese Bagel Burger w/wo Cheese Turkey &amp; Cheese Hoagie - Oriental Chicken Salad Crispy Tater Tots-Side Salad Red Pepper Strips-Sliced Peaches Assorted Milk</p>	<p><b>November 29</b></p> <p>Rotini w/wo Meat Sauce/Garlic Bread Buffalo Chicken Pizza Burger w/wo Cheese Egg Salad Sandwich - Chicken Caesar Salad Oven Baked Seasoned Fries - Side Salad Zucchini Strips-Pineapple Tidbits Assorted Milk</p>	<p><b>November 30</b></p> <p>Homestyle Chicken Bites w/wo Breadstick Cheesy Pizza w/wo Pepperoni Burger w/wo Cheese Italian Hoagie - Greek Salad Spiral Fries - Side Salad Steamy Green Beans - Mandarin Oranges Assorted Milk</p>



Menus are subject to change.

MS/HS Student \$ 3.35  
Reduced Price \$ .40

To learn more about Free or Reduced meals in our district:  
Call Kim Keller at 215-862-8176