

New Hope - Solebury MS/HS Lunch Menu

January, 2019



Federal Guidelines for School Lunches: 5 meal components offered:
Meat/Meat Alternate, Bread, Grain, Vegetable, Fruit & Milk

1% White, FF Chocolate &
 FF Strawberry Milk offered daily.

Students must choose 3 of 5 - one must be a fruit or vegetable for the meal to be considered a school lunch.

| | January 01 | January 02 | January 03 | January 04 |
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| **Now Serving Grab & Go Breakfast! Please remember if your child receives free or reduced lunch they also receive free or reduced breakfast! | No School | Meatball Sub Grilled Cheese and Bacon Burger w/wo Cheese or Cowboy Burger Turkey & Cheese Hoagie - Oriental Chicken Salad Onion Rings-Side Salad Creamy Tomato Soup-Sliced Peaches Assorted Milk | Hard Shell Beef Tacos CRISPY Chick-N-Filet Burger w/wo Cheese Egg Salad Sandwich - Chicken Caesar Salad Crispy Tater Tots-Brown Rice-Side Salad Taco Fiesta Black Beans-Mixed Fruit Cocktail Assorted Milk | Cheesy Pizza w/wo Pepperoni Buffalo Chicken Tenders w/wo Mac N Cheese Burger w/wo Cheese Italian Hoagie - Greek Salad Seasoned Fries-Side Salad Sweet Peas-Mandarin Oranges Assorted Milk |
| January 07 | January 08 | January 09 | January 10 | January 11 |
| Chicken Tenders w/wo Waffle Pulled Pork NC Style on Hawaiian Bun Burger w/wo Cheese-w/wo Bacon Ham & Cheese Hoagie - Oriental Chicken Salad Oven Baked Fries-Side Salad Honey Baked Beans-Chilled Applesauce Assorted Milk | Mozzarella Sticks w/wo Marinara Big Daddy's 4 Meat Pizza Burger w/wo Cheese Tuna Fish on Croissant - Chicken Caesar Salad Potato Smiles-Side Salad Steamy Yellow Corn-Diced Pears Assorted Milk | Waffles w/wo Sausage Egg & Cheese Bagel, w/wo sausage Burger w/wo Cheese or Cowboy Burger Turkey & Cheese Hoagie - Oriental Chicken Salad Crispy Tater Tots-Side Salad Cucumber Coins-Mixed Fruit Cocktail Assorted Milk | Ravioli in Sauce w/wo Garlic Bread Homestyle Chicken Patty Sandwich Burger w/wo Cheese Egg Salad Sandwich - Chicken Caesar Salad Oven Baked Fries-Side Salad Steamy Green Beans-Pineapple Tidbits Assorted Milk | Chili w/wo Corn Muffin Bosco Sticks w/wo Marinara Sauce Burger w/wo Cheese Italian Hoagie - Greek Salad Waffle Cut Fries - Side Salad Honey Glazed Carrots - Mandarin Oranges Assorted Milk |
| January 14 | January 15 | January 16 | January 17 | January 18 |
| Popcorn Chicken w/wo bread stick Sicilian Pizza Burger w/wo Cheese Ham & Cheese Hoagie - Oriental Chicken Salad Oven Baked Fries-Side Salad Honey Baked Beans-Chilled Applesauce Assorted Milk | Buffalo Wings w/wo Biscuit Big Daddy's Pizza Burger w/wo Cheese Tuna Fish on Croissant - Chicken Caesar Salad Waffle Cut Fries-Side Salad Celery Sticks-Sliced Peaches Assorted Milk | Nachos with Beef & Cheese Mickey's White Vegetable Pizza Burger w/wo Cheese or Cowboy Burger Turkey & Cheese Hoagie - Oriental Chicken Salad OB Fries-Brown Rice Side Salad - Diced Pears Assorted Milk | Texas Toast Grilled Cheese Homestyle Chicken Patty Sandwich Burger w/wo Cheese Egg Salad Sandwich - Chicken Caesar Salad Spiral Fries - Side Salad Creamy Tomato Soup - Pineapple Tidbits Assorted Milk | State Fair Corn Dog French Bread Pizza Burger w/wo Cheese Italian Hoagie - Greek Salad Crispy Tater Tots-Side Salad Sweet Peas - Mandarin Oranges Assorted Milk |
| January 21 | January 22 | January 23 | January 24 | January 25 |
| No School | Cheese Quesadilla Chicken Ranch Wrap Burger w/wo Cheese Tuna Fish on Croissant - Chicken Caesar Salad Waffle Cut Fries - Side Salad Golden Corn-Mixed Fruit Cocktail Assorted Milk | French Toast Sticks w/wo Sausage Bacon, Egg & Cheese Bagel Burger w/wo Cheese or Cowboy Burger Turkey & Cheese Hoagie - Oriental Chicken Salad Crispy Tater Tots-Side Salad Red Pepper Strips-Sliced Peaches Assorted Milk | Rotini w/wo Meat Sauce/Garlic Bread Buffalo Chicken Pizza Burger w/wo Cheese Egg Salad Sandwich - Chicken Caesar Salad Oven Baked Seasoned Fries - Side Salad Zucchini Strips-Pineapple Tidbits Assorted Milk | No Meals Served |
| January 28 | January 29 | January 30 | January 31 | |
| Chicken Smackers w/wo Roll Three Cheese Calzone Burger w/wo Cheese Ham & Cheese Hoagie - Oriental Chicken Salad Oven Baked Fries w/wo Cheese-Side Salad Steamed Green Beans-Chilled Applesauce Assorted Milk | Yang's Tangerine Chicken w/wo Brown Rice and w/wo Fortune Cookie Mickey's Pizza-Burger w/wo Cheese Tuna Fish on Croissant - Chicken Caesar Salad Potato Smiles-Side Salad Steamed Broccoli-Pineapple Tidbits Assorted Milk | Meatball Sub Grilled Cheese and Bacon Burger w/wo Cheese or Cowboy Burger Turkey & Cheese Hoagie - Oriental Chicken Salad Onion Rings-Side Salad Creamy Tomato Soup-Sliced Peaches Assorted Milk | Hard Shell Beef Tacos CRISPY Chick-N-Filet Burger w/wo Cheese Egg Salad Sandwich - Chicken Caesar Salad Crispy Tater Tots-Brown Rice-Side Salad Taco Fiesta Black Beans-Mixed Fruit Cocktail Assorted Milk | Additional Fruit & Veg. Choices Include: 100% Assorted Fruit Juice: Orange, Apple or Fruit Punch Baby Carrots w/wo Dip/Side Garden Salad Fresh Fruit Basket with Apples, Oranges and Peaches Additional Daily Meal Choices: Peanut Butter & Jelly Uncrustable Kit Protein Kit or Hummus Kit |

Menus are subject to change.

MS/HS Student \$ 3.35
 Reduced Price \$.40

To learn more about Free or Reduced meals in our district:
 Call Kim Keller at 215-862-8176