

# RECREATION AND LEISURE ACTIVITIES

## **TABLE of CONTENTS**

AACES (Asperger's Awareness, Community Education, and Support)  
Albert Einstein Health Care Network, Moss Rehabilitation Hospital Travel  
American Printing House for the Blind  
Arts Accessibility Guide  
Blind Sports Organization (BSO)  
Boy Scouts Of America, Bucks County Council  
Bucks County Conference and Visitors' Bureau  
Bucks County Department Of Parks And Recreation  
Central Bucks Family YMCA  
Central Bucks Special Friends  
Churchville Nature Center  
Delta Community Supports  
Department Of Conservation and Natural Resources, Bureau of State Parks  
Department of the Interior, National Park Service  
Described and Captioned Media Program  
Disabled Sports USA  
Easter Seals of Southeastern Pennsylvania, Bucks County Division  
Free Library of Philadelphia, Library for the Blind & Physically Handicapped  
Freedom's Wings International  
Guided Tour, Inc.  
Indian Creek Foundation  
Kardon Institute for Arts Therapy  
Learning Ally  
Lower Bucks Family YMCA  
Magee Community Resource Guide  
Mobility International, USA  
National Captioning Institute  
National Institute Of Art And Disabilities (NIAD)  
National Library Service For The Blind And Physically Disabled  
Nockamixon State Park  
North Penn YMCA  
Peace Valley Nature Center  
Pennsylvania Council Of The Blind  
PN Online  
Sebastian Riding Associates  
Silver Lake Nature Center  
Specia Living Magazine  
Special Equestrians  
Special Olympics  
Special Teens Project  
Sports 'N Spokes - The Magazine For Wheelchair Sports And Recreation  
Travel Club, The  
Tyler State Park Hostel  
UCP of Philadelphia and Vicinity  
Upper Bucks YMCA  
USA Deaf Sports Federation  
VSA arts  
Weisel Youth Hostel  
Wellspring Clubhouse, Penn Foundation  
Wheelchair Getaways, Inc.

**AACES (Asperger's Awareness, Community Education, and Support)**

Oxford Valley Mall, Suite 012  
2300 E Lincoln Hwy  
Langhorne, PA 19047  
215-757-6916, ext. 351 (Amy Conte)  
<http://www.fsabc.org/mission/family/Asperger>  
Email: [aconte@fsabc.org](mailto:aconte@fsabc.org)

Services: Designed to increase independence and decrease isolation among young adults with Asperger's. Helps young adults, ages 18 – 26, develop and learn social skills, achieve educational goals, find/maintain employment, learn appropriate independent living skills, and receive treatment for anxiety and depression if needed. Includes Tracks to Employment (job readiness skills, social skills seminars and employment support), and the Coffeehouse (member socialization).

Admission criteria: age 18-26, High School graduate or have completed a GED, diagnosis of Asperger's or PDD/NOS, IQ score 70 or above, Resident of Bucks County, and demonstrates motivation to participate in the program, and agrees to adhere to program expectations (explained at admission)

**ALBERT EINSTEIN HEALTH CARE NETWORK,  
MOSS REHAB RESOURCE NET**

60 East Township Line Road  
Elkins Park, PA 19027  
215-663-6000

[www.mossresourcenet.org](http://www.mossresourcenet.org)

E-Mail: Use Contact Us link on website

1200 West Tabor Road  
Philadelphia, PA 19141  
215-456-9900

Services: Telephone and website information regarding travel, fact sheets for individuals with physical disabilities.

Fee: Free

**AMERICAN PRINTING HOUSE FOR THE BLIND**

1839 Frankfort Avenue  
Louisville, KY 40206-0085  
800-223-1839; 502-895-2405  
Fax: 502-899-2274

[www.aph.org](http://www.aph.org)

E-Mail: [info@aph.org](mailto:info@aph.org)

Services: Promotes independence of blind and visually impaired individuals by providing specialized materials, products, and services needed for education and life. Reading materials include books in Braille, large type, and recorded form. Educational aids, tools

and supplies include Braille writing and embossing equipment; computer software and hardware; educational games; low vision aids; Braille and large type paper, binders and notebooks.

Catalogue may be downloaded.

### **ARTS ACCESSIBILITY GUIDE**

#### **Art-Reach**

1819 JFK Blvd., Suite 200

Philadelphia, PA 19103

215-568-2115

Fax: 215-568-2216

[www.art-reach.org](http://www.art-reach.org)

E-Mail: [info@art-reach.org](mailto:info@art-reach.org)

Services: Free **Online Arts Accessibility Guide** provides information about physical and programmatic accessibility about more than 150 arts, historic, and cultural organizations. Our online guide is continually updated in order to provide the most accurate information available. Art-Reach also has a limited number of guides available via hard-copy --these guide were originally printed in 2000 with the title *Access Philadelphia: A Guide for People with Disabilities*.

### **BLIND SPORTS ORGANIZATION (BSO)**

465 Maplewood Road

Springfield, PA 19064-2901

302-836-5784

Fax: 302-836-5084 (call first)

[www.blindsports.org](http://www.blindsports.org)

E-Mail: [info@blindsports.org](mailto:info@blindsports.org)

Services: Promotes, advocates and provides recreation, fitness, and social opportunities for blind and visually impaired youth and adults through participation in Judo, Goalball, Beep baseball, and special sports clinics.

Contact: Mr. Sandy White, Sports Administrator

Fee: Membership dues

### **BOY SCOUTS OF AMERICA, BUCKS COUNTY COUNCIL**

One Scout Way

Doylestown, PA 18901

215-348-7205; Fax: 215-348-7289

Ockanickon Scout Reservation

5787 State Park Road

Pipersville, PA 18947

215-297-5290 ext 15 (Voice Mail);

Fax: 215-297-8702

[http://www.buckscountybsa.org/openrosters/view\\_homepage.asp?orgkey=884](http://www.buckscountybsa.org/openrosters/view_homepage.asp?orgkey=884)

E-Mail: [council@buckscountyBSA.org](mailto:council@buckscountyBSA.org)

Services: Provides scouting program for youth in Bucks County. Helps to develop character, citizenship, and fitness in young people, as well as fight child and drug abuse, hunger, illiteracy, and youth unemployment.

The Lenape District serves the Centennial, Central Bucks and New Hope School Districts. The Pennsbury District includes Bensalem, Bristol, Croydon, Fallsington, Levittown, Penndel and Tullytown .

The Playwicki District serves: Feasterville, Holland, Langhorne, Makefield, Morrisville, Newtown, Penndel, Richboro, Southampton, Trevoese, and Yardley.

The Tohpendel District serves the school districts of Pennridge, Quakertown and Palisades.

More information about Scouting in Bucks County can be obtained by contacting Tom Leitz, Tohpendel Senior District Executive, [tleitz@bsamail.org](mailto:tleitz@bsamail.org), 215-348-7205.

Fee: for membership

#### **BUCKS COUNTY CONFERENCE AND VISITORS BUREAU**

3207 Street Road

Bensalem, PA 19020

800-836-BUCKS; 215-639-0300

Fax: 215-642-3277

[www.VisitBucksCounty.com](http://www.VisitBucksCounty.com)

Services: A private, non-profit (501) (c) (6) whose mission is to increase visitation in Bucks County by effectively marketing its heritage, diverse sites and attractions. Unpaid internships are available to students who are matriculated in an accredited hospitality, marketing, public relations, or event planning program.

Fee: None

#### **BUCKS COUNTY DEPARTMENT OF PARKS AND RECREATION**

901 E. Bridgetown Pike

Langhorne, PA 19047 -1597

215-348-6114; 215-757-0571

Fax: 215-752-1421

<http://www.buckscounty.org/government/departments/ParksandRec/>

E-Mail: [parksandrecreation@co.bucks.pa.us](mailto:parksandrecreation@co.bucks.pa.us)

Services: Twenty-two (22) County parks comprising over 7,000 acres offering both passive and active recreation.

Facilities include nature centers, pools, tennis centers, hostel, golf course, campgrounds.

Activities in parks include boating, fishing, picnicking, hiking, kite day, Teen Adventure

camps, bus trips, camping, polo matches, boat and water safety certification.  
Fee: Varies

**CENTRAL BUCKS FAMILY YMCA**

2500 Lower State Road  
Doylestown, PA 18901  
215-348-8131  
Fax: 215-348-1329  
[www.cbfymca.org](http://www.cbfymca.org)  
E-Mail: [Info@cbfymca.org](mailto:Info@cbfymca.org)

Services: Programs for all ages, including child care; youth and adult sports and leagues; teen-centered activities; skate park activities for boarders, bladers and bikers; individual and group fitness programs for all levels, abilities; yoga, tai chi; martial arts; personal training; nutrition; recreational swimming and lessons; therapeutic swim, massage, exercise; special needs programs; and sports, specialty and traditional day camping. Extensive outreach, collaboration with other community organizations providing financial assistance and promotion of health and wellness.

Fee: Varies; financial assistance available

**CENTRAL BUCKS SPECIAL FRIENDS**

Contact Pat Schuck - 215-257-1444

Services: Recreational group for young people and adults with developmental delays, ages 13 and older.

Fee: Small annual membership fee

**CHURCHVILLE NATURE CENTER**

501 Churchville Lane  
Churchville, PA 18966  
215-357-4005  
Fax: 215-396-1153  
[www.churchvillenaturecenter.org](http://www.churchvillenaturecenter.org)  
E-Mail: [churchvillenaturecenter@co.bucks.pa.us](mailto:churchvillenaturecenter@co.bucks.pa.us)

Services: Environmental Education Center whose goals are to instill an awareness and appreciation of the natural world in all people through education, and to promote responsible environmental stewardship with a commitment to the preservation of resources and wildlife habitat. There are 54 acres, two miles of trails, a library, a building with various exhibits, and a 1500 AD Lenape Village. Programs for school groups, families, and off-site field trips for backpacking, canoeing, day hiking, and cross-country

skiing, natural wildlife gardens area, and the Lenape Life programs.  
Fee: Varies

### **DELTA COMMUNITY SUPPORTS**

Community Center  
1700 Woodbourne Road  
Levittown, PA 19057-1502  
215-943-9230; Fax: 215-943-7391  
[www.deltaweb.org](http://www.deltaweb.org)

Residential Services  
720 Johnsville Blvd, Suite 700  
Warminster, PA 18974  
215-953-9255; Fax: 215-953-9207

E-Mail: [hstuber@deltaweb.org](mailto:hstuber@deltaweb.org)

E-Mail: [Nwolf@deltaweb.org](mailto:Nwolf@deltaweb.org)

Services: Community Center activities are designed to enhance interests and hobbies as well as encourage those who attend to try new experiences. Caring staff facilitate community inclusion through volunteerism, recreation and participation. Residential services involve short term and long-term community living arrangements. Person-centered services with community inclusion and caring staff. Respite care service is also available.

Eligibility: Individuals with diagnosed developmental disabilities over age 21 in Bucks County. Respite services available to individuals of any age.

Fee: Varies; funded through MH/DP system; some services available on a fee-for-service basis.

### **DEPARTMENT OF CONSERVATION AND NATURAL RESOURCES, BUREAU OF STATE PARKS**

Regional Park Office #4  
2808 Three Mile Run Road  
Perkasie, PA 18944-2065  
215-453-5000  
[www.dcnr.state.pa.us](http://www.dcnr.state.pa.us)  
E-Mail: [ra-askdcnr@state.pa.us](mailto:ra-askdcnr@state.pa.us)

Services: Provides recreational experiences, including camping.

Fee: Many activities are free; fees charged for certain programs such as camping, family cabins, pavilions

### **DEPARTMENT OF THE INTERIOR, NATIONAL PARK SERVICE**

1849 C Street, NW, Room 7253  
Washington, DC 20240  
202-208-6843  
[www.nps.gov](http://www.nps.gov)

Services: Accepts inquiries on all of its 370 national parks, 7 regional offices, activities

and facilities. Information on accessibility of park programs, facilities, and services is best acquired directly from the park or area that will be visited. For general information on park areas and activities, and a listing of park phone numbers, call the number listed above.

**DESCRIBED AND CAPTIONED MEDIA PROGRAM (CMP)**  
**NATIONAL ASSOCIATION OF THE DEAF**

1447 E. Main Street  
Spartanburg, SC 29307  
VOICE: 800-237-6213, 864-585-1778  
TTY: 800-237-6819, 864-585-2617  
Fax: 800-538-5636; 864-585-2611  
[www.dcmp.org](http://www.dcmp.org)  
E-Mail: [info@dcmp.org](mailto:info@dcmp.org)

Services: Provides over 4,000 free-loan open-captioned media titles (VHS, DVD, CD-ROM, and Internet streaming) to deaf and hard of hearing individuals, their parents, teachers, and other professionals who work with them. Many titles are also available in Spanish. The CMP is funded by the U. S. Department of Education and is administered by the nonprofit National Association of the Deaf.

Eligibility: An individual with some type of hearing loss or a parent, teacher, or professional working with individuals with some type of hearing loss.

Fee: None

**DISABLED SPORTS USA**

451 Hungerford Drive, #100  
Rockville, MD 20850  
301-217-0960  
Fax: 301-217-0968  
[www.disabledsportsusa.org](http://www.disabledsportsusa.org)  
E-Mail: [information@dsusa.org](mailto:information@dsusa.org)

Services: In conjunction with its nationwide network of chapters serving people in all 50 states and Puerto Rico, Disabled Sports USA offers such activities as snow skiing, water skiing, bicycling, white water rafting, horseback riding, mountain climbing, sailing, camping, and track and field. See Local Chapter listing: Pennsylvania Center for Adapted Sports.

**EASTER SEALS OF SOUTHEASTERN PENNSYLVANIA, BUCKS COUNTY DIVISION**

2400 Trenton Road  
Levittown, PA 19056  
215-945-7200

3975 Conshohocken Avenue  
Philadelphia, PA 19131  
215-879-1000

[www.sepa.easterseals.com](http://www.sepa.easterseals.com)

Services: Comprehensive physical restoration center including physical, occupational, and speech therapies, plus case management and psychotherapeutic counseling; six week summer day camp for youth, ages 5 through 21; medical evaluation clinics; information and referral; special education preschool kindergarten for exceptional children ages 2 to 8, early intervention services for children birth to age 3, recreation and leisure activities for children, teens, and adults.

Fee: Sliding scale

**FREE LIBRARY OF PHILA. - LIBRARY FOR THE BLIND & PHYSICALLY HANDICAPPED**

P.O. Box 1194  
Philadelphia, PA 19107  
800-222-1754; 215-683-3214

<http://lbph.freelibrary.org/>

E-Mail: [flpblind@freelibrary.org](mailto:flpblind@freelibrary.org)

Services: Books and magazines for adults and children, plus the necessary playback machines. Books are available on many difference subjects, and also includes bestsellers, classics, biographies, poetry, plays, and magazines. Most recorded magazines are produced in Braille or cassette. Cassette books require a special cassette player, which is loaned free to readers. These machines play four-track tapes at 15/16 inches per second, and operate by rechargeable batteries. Braille Books and magazines are available for adults and children. The children's Braille collection includes print-Braille books with both printed words and Braille on each page. Large print books are available for use by partially sighted persons who have difficulty reading standard print. Descriptive Videos are also available for LBPH users. These popular titles provide a narrative of the action occurring in the video. Assistive Devices are available for use on the premises.

Fee: None

**FREEDOM'S WINGS INTERNATIONAL**

324 Charles Street, Apt. #25  
Coopersburg, PA 18036  
800-382-1197

[www.freedomswings.org](http://www.freedomswings.org)

E-Mail: [rffucci@earthlink.net](mailto:rffucci@earthlink.net)

Services: Provides an opportunity for those who are physically challenged to fly in



specially adapted sail planes, either as a passenger or as a member of the flight training program. Also provides training for instructors, ground crew, and flying students.  
Fee: Available upon request

**GUIDED TOUR, INC.**

7900 Old York Road, Suite 111B  
Elkins Park, PA 19027-2310  
800-783-5841; 215-782-1370  
Fax: 215-635-2637  
[www.guidedtour.com](http://www.guidedtour.com)  
E-Mail: [gtour400@aol.com](mailto:gtour400@aol.com)

Services: Provides supervised vacations for persons 17 and over, safely and with dignity. Destinations all over the United States and world; Camp in the Poconos; Vacation program at the Jersey Shore. Staff to traveler ratio is one staff person to every three travelers.

Fee: Varies according to destination and number of days (3-12 days).

**INDIAN CREEK FOUNDATION**

420 Cowpath Road  
Souderton, PA 18964  
267-203-1500  
Fax: 267-203-1535  
[www.indcreek.org](http://www.indcreek.org)  
E-Mail: Use Contact Us on website

Services:

Employment: Community Employment, Transitional Work Force, Supported Employment, Job Development and Job Coach training; Facility Based-Work & Social Skills Training and Day Programming

Recreation: STAR provides social and recreational activities for any person age 16 and above with a developmental disability. The focus is to emphasize social growth and have fun. Involves monthly bus trips, mini trips to cultural activities, dinner theaters, ballet, concerts, and sporting events.

Community Living: Supported living, including but not limited to arranging for medical appointments, goal work to ensure basic daily living skills are met, spiritual and recreational opportunities, and financial management.

Eligibility: Developmentally disabled individuals

Fee: Private pay; also through MH/DP

**KARDON INSTITUTE FOR ARTS THERAPY**

10700 Knights Road  
Philadelphia, PA 19114

215-637-2077

Fax: 215-637-2079

[www.kardoninstitute.org](http://www.kardoninstitute.org)

E-Mail: [email@kardoninstitute.org](mailto:email@kardoninstitute.org)

Services: Music, art and dance therapy for people with disabilities. On-site and outreach services. Programs are tailored to meet individual or group needs.

Eligibility: People of all ages with any type of disability

Fee: Contact for information

**LEARNING ALLY, INC.**

20 Roszel Road  
Princeton, NJ 08540

800-221-4792

Fax: 609-520-7990

[www.LearningAlly.org](http://www.LearningAlly.org)

Services: Provides audio textbooks and other educational and professional resources to individuals who cannot effectively read standard print because of a visual impairment, learning disability or physical disability.

Fee: Annual membership fee; documentation of a disability and a registration fee are required.

**LOWER BUCKS FAMILY YMCA**

Fairless Hills Branch  
601 S. Oxford Valley Road  
Fairless Hills, PA 19030  
215-949-3400

Morrisville Branch  
200 N. Pennsylvania Avenue  
Morrisville, PA 19067  
215-736-8077

Tri-Hampton Branch at Chandler Hall  
190 Sycamore Street  
Newtown, PA 18940  
215-579-6200

24-Hour Wellness Center  
555 S. Oxford Valley Road  
Fairless Hills, PA 19030  
215-547-9600

[www.lowerbucksymca.org](http://www.lowerbucksymca.org)

E-Mail: [estark@lowerbucksymca.org](mailto:estark@lowerbucksymca.org)

Services: Programs develop a healthy spirit, mind and body in children and adults by fostering our core values of caring, honesty, respect and responsibility. Includes child care and nursery school, before and after school programs, teen center activities, summer day camp, special needs summer day camp, physical education, youth fitness, athletics, swimming instruction, and volunteerism.

Fee: Varies by program and membership type. Financial aid is available.

### **MAGEE COMMUNITY RESOURCE GUIDE**

1513 Race Street

Philadelphia, PA 19102-1177

215-587-3000

[www.mageerehab.org/community-resource-guide.php](http://www.mageerehab.org/community-resource-guide.php)

E-Mail: [mrider@mageerehab.org](mailto:mrider@mageerehab.org)

Services: The Magee Community Resource Guide is compiled by Magee Rehabilitation Hospital. It contains information about programs, organizations and accessibility to assist individuals with disabilities independently pursue leisure activities.

### **MOBILITY INTERNATIONAL, USA**

132 E. Broadway, Suite 343

Eugene, OR 97401

541-343-1284

Fax: 541-343-6812

[www.miusa.org](http://www.miusa.org)

E-Mail: Use Contact Us link on website

Services: Cross-disability organization serving those with cognitive, hearing, learning, mental health-related, physical, systemic, vision and other disabilities. Information and referral for including persons with disabilities worldwide into international educational exchange, leadership development, disability rights training, and community service. Exchanges have been coordinated in Asia, Africa, Central America, Europe, and South America. The National Clearinghouse on Disability and Exchange (NCDE) provides free information and referrals on work study, research, and volunteer programs globally. NCDE also has disability resources internationally online and in publications.

Fee: Contact for free information

**NATIONAL CAPTIONING INSTITUTE**

3725 Concorde Pkwy, Suite 100

Chantilly, VA 20151

Voice/TTY: 703-917-7600

Fax: 703-917-9853

[www.ncicap.org](http://www.ncicap.org)

E-Mail: [tcalkins@ncicap.org](mailto:tcalkins@ncicap.org)

Services: Provides closed-captioning technology for television, home video, government agencies, corporate and internet video programming, and related services for the benefit of people who are deaf and hard-of-hearing and others. In addition, NCI provides access to televised and recorded video programming for people who are blind or have low vision. This service involves describing a program's visual elements for placement on the SAP (Secondary Audio Programming) channel of televised programming.

**NATIONAL INSTITUTE OF ART AND DISABILITIES (NIAD)**

551 23rd Street

Richmond, CA 94804

510-620-0290

Fax: 510-620-0326

[www.niadapt.org](http://www.niadapt.org)

E-Mail: [gallery@niadapt.com](mailto:gallery@niadapt.com)

Services: An adult day program for developmentally disabled adults that is centered in an art studio, promoting creative expression, independent living skills, dignity and community integration. 75 clients attend 1 to 5 days a week working in mixed media, painting, textiles, jewelry making and ceramics. Clients produce work that is displayed and sold by NIAD in our shop and gallery, online, and through exhibits at other galleries and business establishments. The NIAD garden is a central part of the program, providing opportunities for NIAD artists to grow produce and cook with garden ingredients.

**NATIONAL LIBRARY SERVICE FOR THE BLIND AND PHYSICALLY DISABLED**

**Library of Congress**

Washington, DC 20542

888-657-7323

Voice: 202-707-5100; TDD: 202-707-0744

Fax: 202-707-0712

[www.loc.gov/nls](http://www.loc.gov/nls)

E-Mail: [nls@loc.gov](mailto:nls@loc.gov)

Services: A national library service that provides recorded and Braille books and magazines on free loan to anyone who cannot read standard print because of permanent or temporary visual or physical disabilities.

Fee: None

**NOCKAMIXON STATE PARK**

1542 Mountain View Drive

Quakertown, PA 18951

<http://www.dcnr.state.pa.us/stateparks/findapark/nockamixon/index.htm>

E-Mail: [nockamixonsp@pa.gov](mailto:nockamixonsp@pa.gov)

Services: Recreational facilities, including hiking, horse trails, swimming pool, boat rentals, family cabins. For cabin information and reservations or for general park information, call 1-888-PA-PARKS (1-888-727-2757).

Fee: No charge for admission or parking; Fees for pool, boat rental, and cabins.

**NORTH PENN YMCA**

608 East Main Street

Lansdale, PA 19446

215-368-1601

Harleysville Center

311 Alumni Avenue

Harleysville, PA 19438

215-256-0767

Indian Valley YMCA

890 Maple Avenue

Harleysville, PA 19438

215-723-3569

[www.northpennymca.org](http://www.northpennymca.org)

E-Mail: [bettyl@northpennymca.org](mailto:bettyl@northpennymca.org)

Services: Facilities include two pools, family wellness center, free weights, cybex equipment, cardio equipment, weight room, climbing wall and racquetball.

Fee: Varies

**PEACE VALLEY NATURE CENTER**

170 N. Chapman Road

Doylestown, PA 18901

215-345-7860

Fax: 215-345-4529

[www.peacevalleynaturecenter.org](http://www.peacevalleynaturecenter.org)

E-Mail: [peacevalleynaturecenter@co.bucks.pa.us](mailto:peacevalleynaturecenter@co.bucks.pa.us)

Services: Provides a variety of environmental education experiences, with “hands-on”

guided nature walks for children, adults, and families. Nature Center includes fourteen miles of trails, a solar building, sunflower shop, and bird blind.

Fee: None; varies for teacher/naturalist led walks

**PENNSYLVANIA COUNCIL OF THE BLIND**

931 N. Front Street

Harrisburg, PA 17102

8077-617-7407; 717-920-9999

Fax: 717-920-9988

[www.pcb1.org](http://www.pcb1.org)

E-Mail: [pcbl@paonline.com](mailto:pcbl@paonline.com)

Services: Helps blind and visually impaired individuals learn independent travel, care for personal needs, get involved in social and recreational activities, get information about technology, employment opportunities and benefits. Provides advocacy activities, conventions, scholarships and publications.

Fee: Membership fees from \$5.00 (JR. membership)

**PN ONLINE**

2111 East Highland Avenue, Suite 180

Phoenix, AZ 85016-4702

888-888-2201; 602-224-0500

Fax: 602-224-0507

[www.pn-magazine.com](http://www.pn-magazine.com)

E-Mail: [info@pnnews.com](mailto:info@pnnews.com)

Services: News and information magazine for people with mobility impairments. Covers the latest on spinal cord injury research, new products, legislation that impacts people with disabilities, accessible travel, computer options, car/van adaptations, human interest stories, news for veterans, and articles on housing, employment, health care, and all issues affecting wheelers and caregivers.

Fee: \$26 (US); \$38 (foreign) annual subscription fee

**SEBASTIAN RIDING ASSOCIATES**

3589 Waterstreet Road

Collegeville, PA 19426

610-489-3741

Fax: 610-831-9079

[www.sebastianriding.org](http://www.sebastianriding.org)

E-Mail: [sebastianriding@verizon.net](mailto:sebastianriding@verizon.net)

Services: Provides therapeutic horseback riding and equine activities for children and adults with physical, emotional, and mental disabilities. Benefits are psychological, physical, social and educational.

Fee: Varies

### **SILVER LAKE NATURE CENTER**

1306 Bath Road

Bristol, PA 19007

215-785-1177

[www.silverlakenaturecenter.org](http://www.silverlakenaturecenter.org)

E-Mail: Use Contact Link on website

Services: Provides education about nature and the environment for individuals and groups. The Center has 4.5 miles of walking trails through forests, fields and marshes. The Center has a 3/4 mile trail loop through all the habitats which is completely accessible.

Fee: Entrance free; program fees vary.

### **SPECIA LIVING MAGAZINE**

P.O. Box 1000

Bloomington, IL 61702

309-962-2003

[www.specialiving.com](http://www.specialiving.com)

E-Mail: [gareeb@aol.com](mailto:gareeb@aol.com)

Services: A quarterly magazine for mobility challenged individuals, on-line @ [www.specialiving.com](http://www.specialiving.com). Includes information on travel, employment, pain and exercise, purchasing special products such as vans, door openers, cushions, and safe transfer solutions.

Fee: None

### **SPECIAL EQUESTRIANS**

2880 Street Road

P.O. Box 1001

Warrington, PA 18976

215-918-1001

Fax: 215-918-9080

[www.specialequestrians.org](http://www.specialequestrians.org)

E-Mail: Use Contact Link on website

Services: Provides Therapeutic Riding and Hippotherapy to individuals with disabilities,

as well as several other equine-assisted programs. Includes  
Therapeutic Riding: build confidence and independence as individuals develop mastery of different riding skills at their own pace  
Hippotherapy: occupational therapists work with our clients to improve fine and gross motor skills, eye-hand coordination, speech and language skills, and visual-spatial perception through the use of gentle, patient horses.  
Youth Connections Program: for at-risk youth, improves confidence, enhances social skills, emotional control, self-discipline, patience and trust.  
Silver in the Saddle: for seniors with the goals to improve overall strength, endurance and flexibility.  
REINS Program (Riders Excelling in New Skills): for children with autism  
Fees: Contact for information

### **SPECIAL OLYMPICS**

3535 Rockview Drive  
Bristol, PA 19007  
215-781-6530  
Special Events Voice Mail: 215-781-6530  
E-Mail: [SOPABCGeorge@aol.com](mailto:SOPABCGeorge@aol.com)  
<http://www.specialolympicspa.org>

Services: Sports/family association for the benefit of individuals with special needs.  
Contact: George Massimini  
Eligibility: Individuals with special needs  
Fee: None

### **SPECIAL TEENS PROJECT**

P.O. Box 292  
Langhorne, PA 19047  
215-788-6383  
Services: Social, recreational, and educational activities include weekly bowling, monthly dances, trips, volleyball, and other programs.  
Contact: Harry Esling  
Eligibility: Individuals with any disability, 13 years of age and older through adulthood  
Fee: Contact for information; financial assistance available

### **SPORTS 'N SPOKES - THE MAGAZINE FOR WHEELCHAIR SPORTS AND RECREATION**

PVA Publications  
2111 East Highland Avenue, Suite 180  
Phoenix, AZ 85016-4702



888-888-2201; 602-224-0500

Fax: 602-224-0507

[www.sportsnspokes.com](http://www.sportsnspokes.com)

E-Mail: Use Contact Link on Website

Services: Published bimonthly, covering the latest in competitive wheelchair sports and recreational opportunities. Colorful, comprehensive information on training, nutrition/exercise, individual achievements, national/international competition, junior athletics, new products/equipment surveys, sports associations, calendar of worldwide events, and much more.

Fee: \$21 annual subscription fee

**TRAVEL CLUB, THE**

7 Edgewood Avenue

Red Lion, PA 17356

800-272-6676; 717-246-1856

E-Mail: [gotravelclub@aol.com](mailto:gotravelclub@aol.com)

Services: A wide variety of travel experiences for adults with special needs, on a year round basis.

Eligibility: Fully completed medical emergency form and recent photograph and registration form.

Fee: Varies

**TYLER STATE PARK HOSTEL**  
**HOSTELLING INTERNATIONAL**

Covered Bridge Tril

P.O. Box 94

Newtown, PA 18940

215-968-0927

Fax: 215-557-2100

[www.HI-dvc.org](http://www.HI-dvc.org)

Services: Per night per person fee for overnight stay. Guests must clean up after themselves. Living room with fireplace, fully equipped kitchen, 3 bathrooms, 24 bunk beds. Additional fee for nonmembers. Bring sheets, pillow cases, and towels. Biking and hiking trails. Canoes and horses available for rental.

Fee: Contact for information

### **UCP OF PHILADELPHIA AND VICINITY**

102 East Mermaid Lane

Philadelphia, PA 19118

215-242-4200

Fax: 215-247-4229

[www.ucpphila.org](http://www.ucpphila.org)

E-Mail: use contact form on website

Services: Vocational evaluation service; job counseling, training, placement services; supported employment; contract shop employment; social and recreation programs for teens through adult; adult day program; psychiatric partial hospital; information, referral and information outreach; respite care service; community social service; independent living training; community living arrangements; student field work placement; community education; volunteer programs.

While initially founded to serve individuals born with cerebral palsy, United Cerebral Palsy currently provides programs and services to people with a variety of physical, developmental, hearing, visual and speech impairments including autism, head trauma, Down Syndrome, spinal cord injuries, intellectual disabilities, or any physical condition that severely limits an individual's independent functioning.

Fee: Varies; contact for eligibility for various programs

### **UPPER BUCKS YMCA**

401 Fairview Avenue

Quakertown, PA 18951

215-536-9622

Fax: 215-538-2592

[www.ubymca.org](http://www.ubymca.org)

E-mail: [customerservice@ubymca.org](mailto:customerservice@ubymca.org)

Pennridge Program Center

801 Washington Avenue

Sellersville, PA 18960

215-453-5989

Services: Family center with instructional and recreational programs for persons of all ages. Indoor heated pool, racquetball, fitness center, saunas. Physically handicapped swim program. Gymnastics, swim lessons, day care center, school age child-care, kindergarten, preschool nursery school, and summer day camping. Mainstreaming available.

Fee: Varies, scholarships available

### **USA DEAF SPORTS FEDERATION**

P.O. Box 910338

Lexington, KY 40591-0338

TTY: 605-367-5761; Voice: 605-367-5760

Fax: 605-782-8441

[www.usdeafsports.org](http://www.usdeafsports.org)

E-Mail: [homeoffice@usdeafsports.org](mailto:homeoffice@usdeafsports.org)

Services: Advocacy for sports for deaf and hard of hearing individuals; coordinates participation of American deaf and hard of hearing individuals in international competition; publications

### **VSA arts**

#### **The International Organization on Arts and Disability**

The Kennedy Center for the Performing Arts

2700 F Street, NW

Washington, DC 20566

800-444-1324; 202-467-4600

<http://www.vsarts.org/education/home.html?detailheader=Access>

Services: Provides programs in creative writing, dance, drama, literature, music, and the visual arts for individuals with disabilities. Programs are implemented through a network of local, state, and national organizations. VSA arts Festivals provide workshops and training sessions for people with disabilities, as well as educators, families, and friends, and are the culmination of year-round, community-based programming efforts. In Pennsylvania, VSA arts collaborates with the Pennsylvania Council on the Arts; Artreach, Inc.; Arts and Health Outreach Initiative; and Pittsburgh Center for the Arts; to provide programs.

### **WEISEL YOUTH HOSTEL**

7347 Richlandtown Road

Quakertown, PA 18951

215-536-8749

[www.HI-dvc.org](http://www.HI-dvc.org)

E-Mail [weasel@hiusa.org](mailto:weasel@hiusa.org)

Services: Recreational overnight lodging facility for educational or recreational purposes.  
Fee: \$15.00 per person per night

### **WELLSPRING CLUBHOUSE, PENN FOUNDATION**

807 Lawn Avenue

Sellersville, PA 18960

215-257-4760

<https://www.pennfoundation.org/services-programs/mental-health-services/wellspring-clubhouse.html>

E-Mail: [Imauro@pennfoundation.org](mailto:Imauro@pennfoundation.org)

Services: A voluntary rehabilitation program designed to promote recovery and instill hope among adults with mental health and/or co-occurring substance use challenges. Members work side-by-side with staff as colleagues to run the program, to learn or teach skills, and to offer support and resources needed to achieve a satisfying and improved quality of life in the community. Members work in one of three units: Member Services, Career Development, or Health and Wellness.

**WHEELCHAIR GETAWAYS, INC.**

**Wheelchair Getaways of Pennsylvania**

800-221-6501; 717-921-2000

Fax: 717-921-2900

[www.wheelchairgetaways.com](http://www.wheelchairgetaways.com)

E-Mail: [info512@wheelchairgetaways.com](mailto:info512@wheelchairgetaways.com)

P. O. Box 1098

Mukilteo, WA 98275

800-642-2042

Fax: 425-355-6159

Email: [info@wheelchairgetaways.com](mailto:info@wheelchairgetaways.com)

Services: Provides wheelchair accessible van rentals on a daily, weekly, or monthly basis through franchised locations throughout the country.