

# *NHS Athletic Update*

New Hope-Solebury Lions

1/23/2017

Winter Week 7

Boys Basketball:

## **Push for a playoff spot**

The Lion's boy's basketball team went 1-1 in league play this week. On Tuesday night the boy's basketball team defeated Devon Prep 58-44 in a key league match-up. The Lions were lead by **Topher Taylor** with 18 points and 4 blocks, **Kevin Dougherty** finished with 17.

Game 2 of the week the Lions dropped a hard fought battle with Dock Academy 52-48. The Lion's had a chance to tie it with a 3 with 10 seconds and missed the opportunity. Topher Taylor lead the Lions with 14 points, **Connor Wallace** played strong defense and had 8 rebounds and 4 points for the Lions.

With the new playoff structure the chances of more than two teams from District 1 making the regional tournament is slim. NHS and Devon appear to be vying for the final spot in the playoffs. Tuesday night's win was a wonderful

The Lions face Church Farm on Monday the 23rd.

Girls Basketball:

## **NHS Girls Basketball remain undefeated**

The NHS Varsity Girls Basketball Team had a productive week going 3-0 and extending its record to 16-0 and 8-0 in the Bicentennial Athletic League. Over the 3 game stretch the team gave up a stingy average of just 21 points per game and scored an average of 51 with many younger players logging significant minutes and gaining valuable varsity experience.

In a road win at Plumstead Christians beautiful new athletic facility the NHS team recorded a 55 to 11 victory. In limited action seniors **Kelly Hyland** and **Alana Davidson** scored 13 points and grabbed 5 rebounds apiece. **Davidson** had 4 blocked shots and **Hyland** had 4 steals. Freshman **Katie Costello** added 7 points and led both teams with 7 rebounds. Junior **Sarah Wilson** set up her teammates with 5 assists also adding 4 steals. Senior **Bella DeVito** crashed the boards hard and had 6 rebounds. Freshman **Meghan Miller** recorded her first varsity points with 4.

In game two of the week, in the comfort of the NHS gym, the team recorded a 65 to 35 home win against a feisty Bristol Warriors team. Senior **Kelly Hyland** filled the stat sheet with 18 points, 5 steals, 4 rebounds and 1 assist with NO turnovers. Junior **Sarah Wilson** and Senior **Alana Davidson** both scored in double figures adding 12 points each. **Wilson** had 6 steals on the night and 5 rebounds. **Davidson** had a game high 7 boards. Sophomore **Zoe Palau** shot the ball well hitting two timely 3-pointers and contributing 8 points. Sophomore **Jordyn Sherman** set up her teammates well with 3 assists and NO turnovers.

In game 3 of the week at NHS the girls team played together and played hard and dominated the Dock Mennonite Academy team. The score was 25 - 0 after the first period and the NHS bench was cleared very early in the game. The ball movement from the NHS team was the best of the season and the team had 20 assists on the night. Junior **Sarah Wilson** (in limited action) had 6 assists and scored 9 points. **Alana Davidson** caught fire with bursts of scoring finishing the game with 18 points and 5 rebounds. Freshman **Sabrina Vlahovic** got into a nice rhythm scoring 5 points and nailing her first 3-pointer of the season. Freshman **Katie Costello** led all players with 6 rebounds.

The NHS Girls Basketball Team take on archrival Lower Moreland on Friday January 27th at 7:00pm. It is the biggest game of the year for the NHS team with league title implications. It will also be senior recognition night as we honor our 3 special seniors **Bella DeVito**, **Kelly Hyland** and **Alana Davidson** at 6:45pm prior to the game.

Wrestling:

**This past week the NH-S Wrestling team was bust with competition.**

On Wednesday, the wrestlers traveled to Bristol HS. NH-S kept the match close winning 3 out of the 5 matched contested, **Chris Thompson** pinned his opponent in 12sec. Unfortunately the forfeits do not give us a scoring opportunity. Bristol won 36-27.

On Friday, the wrestlers traveled to Lower Moreland HS. **Collin Frankhouser** has the fastest pin of the day at 1:06. Again, the forfeits do not give us a scoring opportunity. Lower Moreland won 18-57.

On Saturday The wrestling team competed in a 16 team tournament being held at the Delaware County Christian School. With only 6 wrestlers competing 3 were in the championship finals and two competed in the consolation finals. **Max Lupisella** finishes 1st with his fastest pin at 50sec.

Collin Frankhouser placed 2nd with his fastest pin at 22sec.

Chris Thompson placed 2nd with his fastest pin at 1:33.

**Ben Lupisella** placed 4th with his fastest pin at 2:32.

**Jack Slominski** placed 4th with his fastest pin at 2:24.

The NH-S wrestlers had a strong showing at the tournament finishing 6th out of 16 teams having only 6 wrestlers entered into the tournament.

This Thursday we will have our Senior night when we take on Valley Forge Military Academy. Please come out and join to honor our seniors.

Winter Track:

**The New Balance Games @ the Armory in NY:**

The girls and boys indoor track team competed at the New Balance Games at the Armory in New York city over the weekend. The freshman and sophomores competed Friday night and the Varsity athletes competed Saturday with a few competing both days. In the face of some really tough competition and a slew of other small obstacles like injuries, time, overconfidence and overheating, our indoor track team showed up, ran tough and kept their chins up! I'm proud of the integrity of this team.

For our boys, the 4x200m relay team of **Gideon Eidel, Sean Francis, Christian Kruse and Andrew Purdy** improved by 9 seconds to finish with a time of 1:39.57 which ties the season best from 2016. The boys 4x800m relay team of **Chris Cammarata, Josh House, Matt Peshek and Andrew Mardirossian** improved another 2 seconds with a time of 8:41.57. Senior **Matt Peshek** ran his first 1 mile steeple chase and finished 5th in a field of 12 with a time of 5:02.49 and a medal. Freshman **Adam Singer** competed as a freshman in the pole vault and finished 1st with a height of 10'-0" and a medal.

The girls team was missing many of their top runners but still came out with some fantastic performances. **Emma Sirken** competed as a freshman in the 55m dash and improve more than 0.75 seconds from last week to finish 16th. Sophomore **Julianna Slominski** continued to make huge strides in her distance career by running the 1000m in a time of 3:50.44, a pace of 6:08/mile compared to her 3000m race last week at a pace of 7:17/mile.

With two weeks before our next meet, both teams are carrying a lot of momentum and positive energy into the end of the indoor season.